



Getting Started

This Welcome Packet includes 4 documents to complete and return.

- 1. Client Information**

All client information is confidential and treated appropriately. I will keep a confidential record of your name, phone number, and email address in order to meet the requirements for coach credentialing by the International Coach Federation (www.coachfederation.org).

- 2. Life Satisfaction Survey**

This survey captures how satisfied you are with different parts of your life at the current time.

- 3. Coaching Agreement**

Review these guidelines and procedures before signing and returning this agreement. A clear understanding of these will help our professional coaching relationship be productive and enjoyable. Please keep a copy of this form for your personal records.

- 4. Coaching Prep Form**

You will complete and email this form to me. Please submit your completed Coaching Prep Form at least one day in advance of your session to give me enough time to prayerfully prepare for our time together.

Please email these **Welcome Packet** forms to rosa@byersplace.com before our first coaching call.