



ByersPlace Coaching

COACHING AGREEMENT

Please complete, sign, and return via email.

Name: _____

Address: _____

Cell Phone: _____

Email: _____ Website: _____

Please check the terms you agree to:

Life Coaching:

☐ **Three(3) 45 minute life coaching sessions \$300**, email and check-in calls

☐ **Two(2) 45 minute life coaching sessions \$250**, email and check-in calls

☐ **One(1)* 45 minute life coaching session \$150**(Available after 3 months at a higher frequency)

***Recommended: Minimum of two to three sessions per month for the first three months to get momentum going. After the initial three-month commitment, pace/frequency can be adjusted as needed.**

DISC Coaching:

☐ **Professional/Leadership Assessment \$100**, online profile and a 30 minute follow up coaching

☐ **Relationship Assessment \$175**, online profiles and a 45 minute follow up coaching

☐ **Specialty Assessment \$150**, online profile and a 45 minute follow up coaching

☐ **Other Assessment \$ _____**, online profile and a 45 minute follow up coaching

Payment: Venmo or Stripe, payable at the first of the month

"I confirm that I have read the coaching guidelines and agree to abide by them. As a coaching client, I understand and agree that I am fully responsible for my own choices, decisions, and well-being during my time of coaching. No guarantees have been made as to the expected outcome of my coaching. I am aware that either my coach or I can choose to discontinue coaching at any time(30 day notice appreciated). I recognize that coaching is not psychotherapy and that professional referrals may be given if it appears they are needed. I also give permission for my coach to submit a confidential record of my name, contact info, and documentation of my coaching hours for the express purpose of meeting requirements for credentialing by the International Coach Federation (ICF) in accordance with the Code of Ethics." I agree to the monthly charges above through the duration of this agreement.

Client signature: _____ Date: _____